



Welcome to our Newsletter



The festive season is upon us and our staff and residents are excited to take part in lots of exciting activities and events. From decorating the Christmas tree to baking festive treats and carolling, there's something for everyone to enjoy.

As we round up another year, we can't help but reflect on all the wonderful memories we've made and the many reasons we have to be grateful. Merry Christmas and we hope this season brings you all joy and happiness!

Also, if you know someone who would like to receive our email newsletters/updates, please let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Victor Dewson
Care Home Manager



Fit Baw Challenge

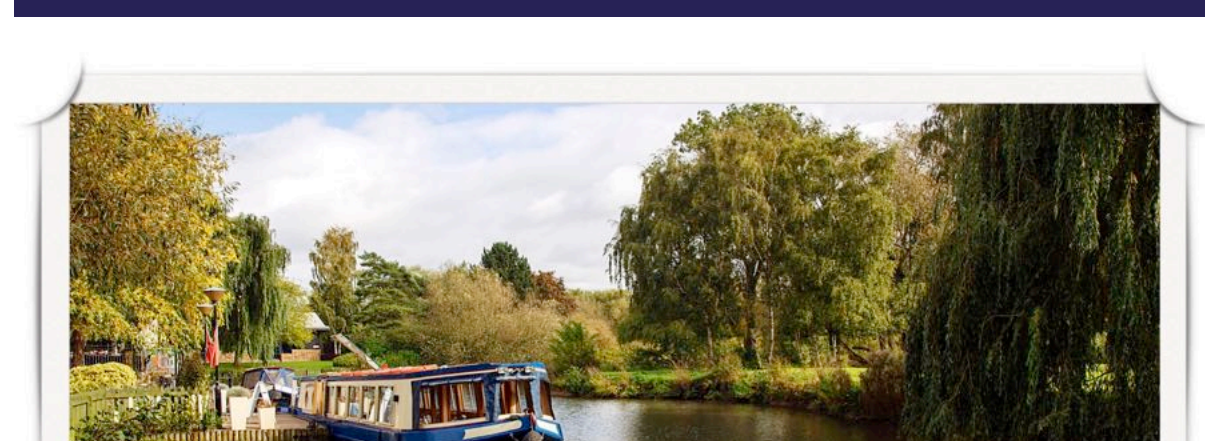


Go Team!

Residents at our home enjoy a variety of activities to enhance their well-being. We prioritise exercise, which is why the Fit Baw 28-day challenge is a popular activity that residents enjoy. They can have fun while staying active.



Canal Trip with Santa

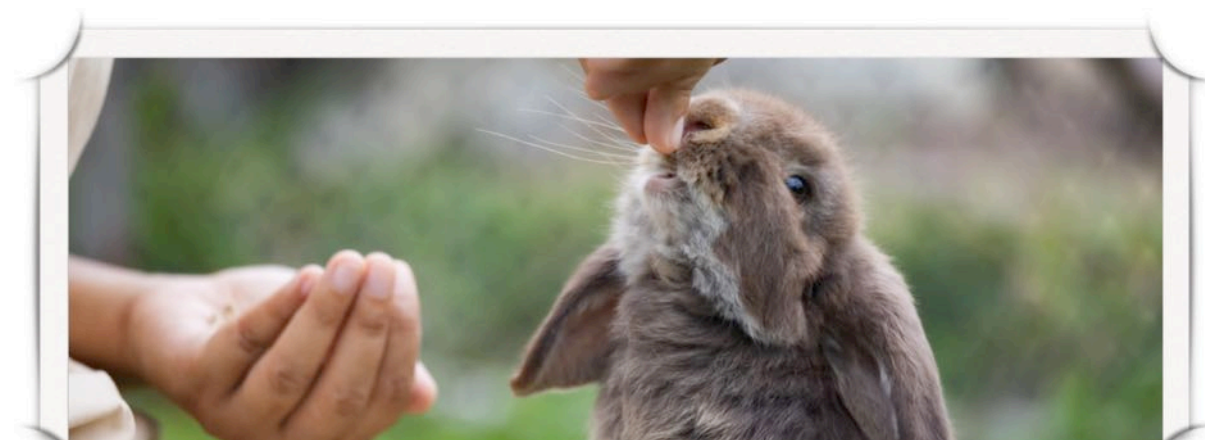


All Aboard!

We recently took a barge trip with a special guest Santa! Leisurely cruising along the canal, this mode of transportation is incredibly calming and allows for a relaxing journey. During our excursion, we observed some wildlife, including ducks. Overall, we had a wonderful time laughing and unwinding in the tranquil surroundings, and of course, enjoying seeing Santa.

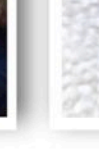
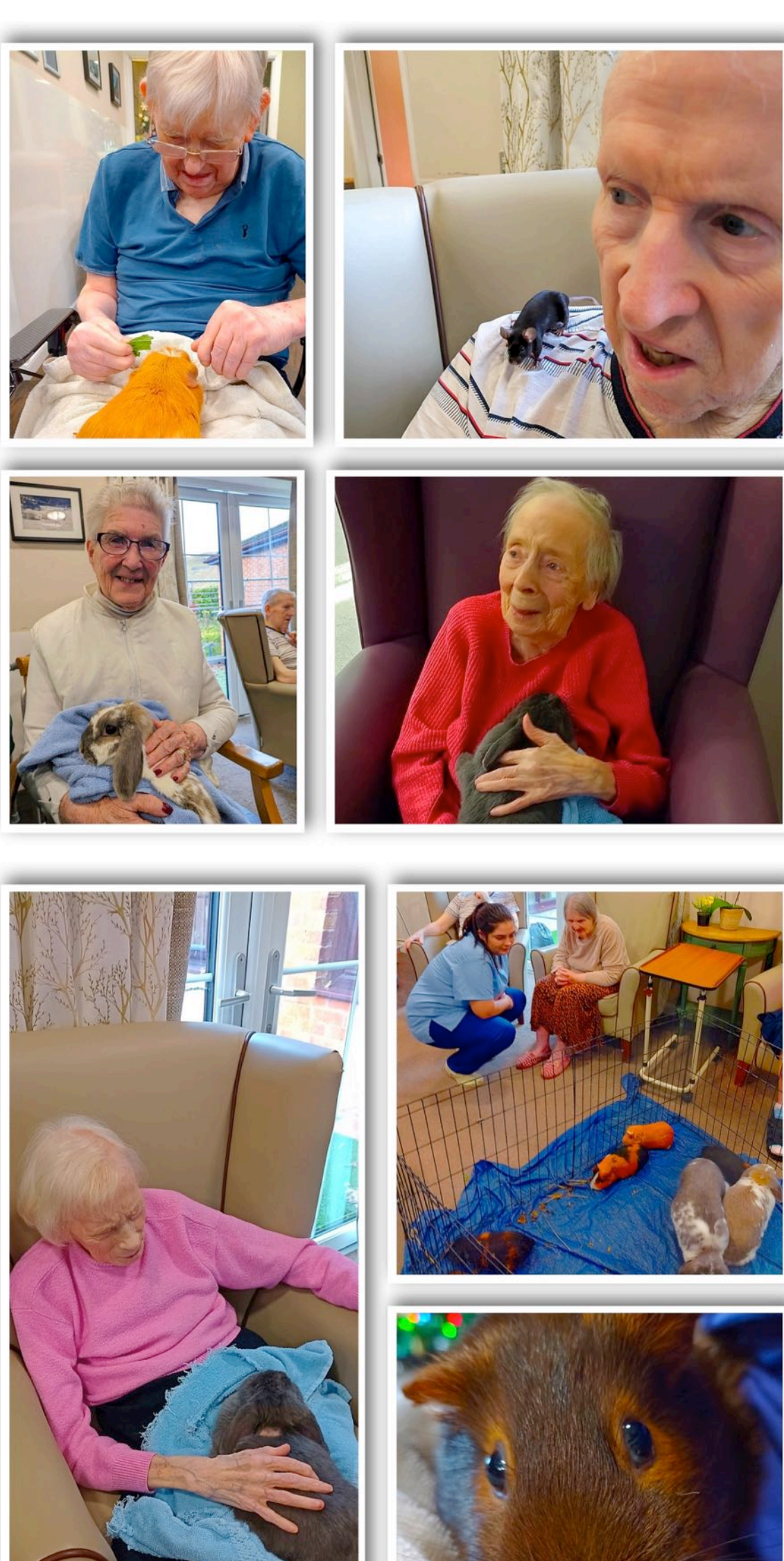


Bunny & Co

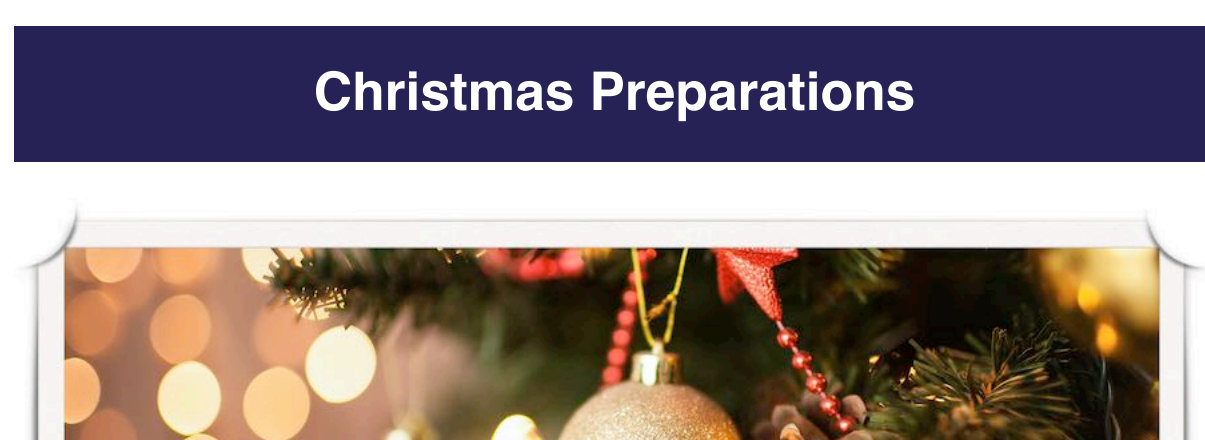


Furry Friends!

Our residents love interacting with animals and a visit from Bunny & Co is no exception. Having pets in the home can improve self-esteem and confidence, reduce stress levels, decrease blood pressure and offers a way to increase physical activity. Most important of them all, it leaves a warm feeling in your heart.

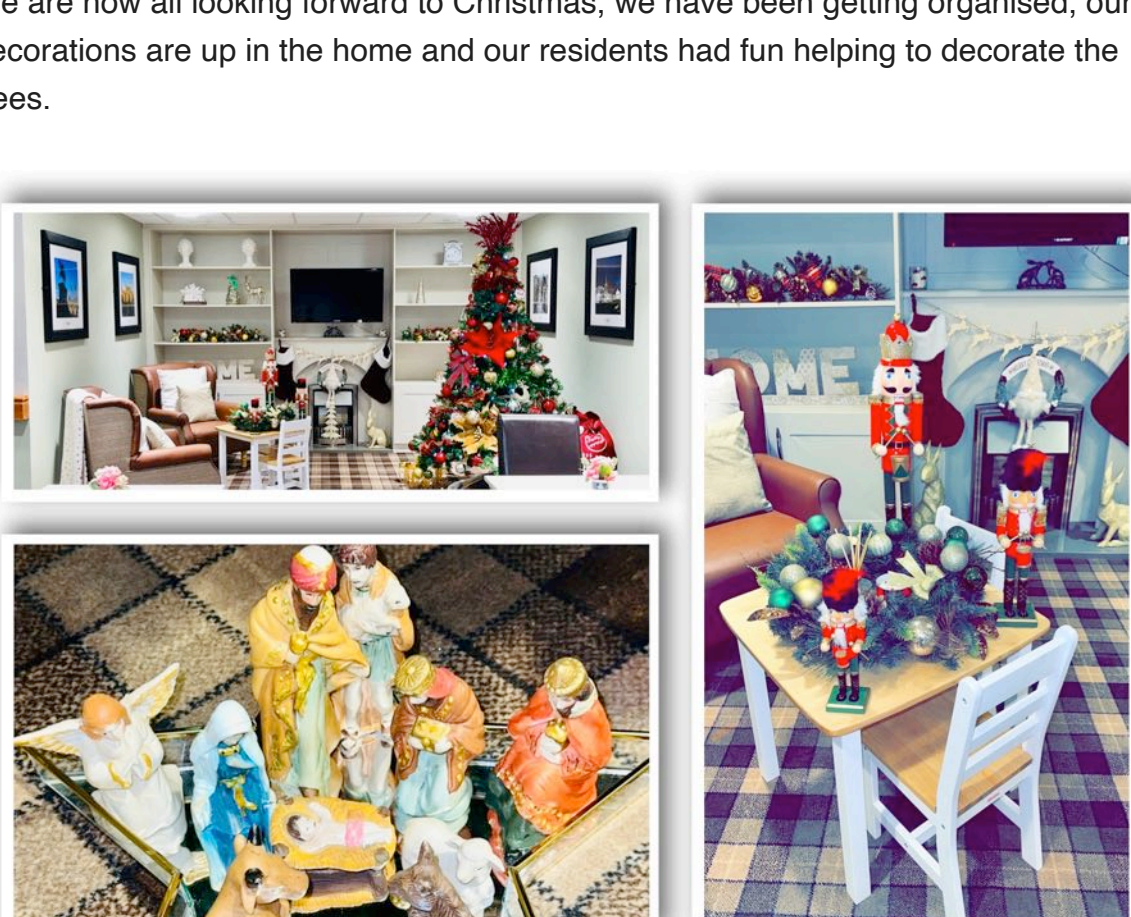


Christmas Preparations

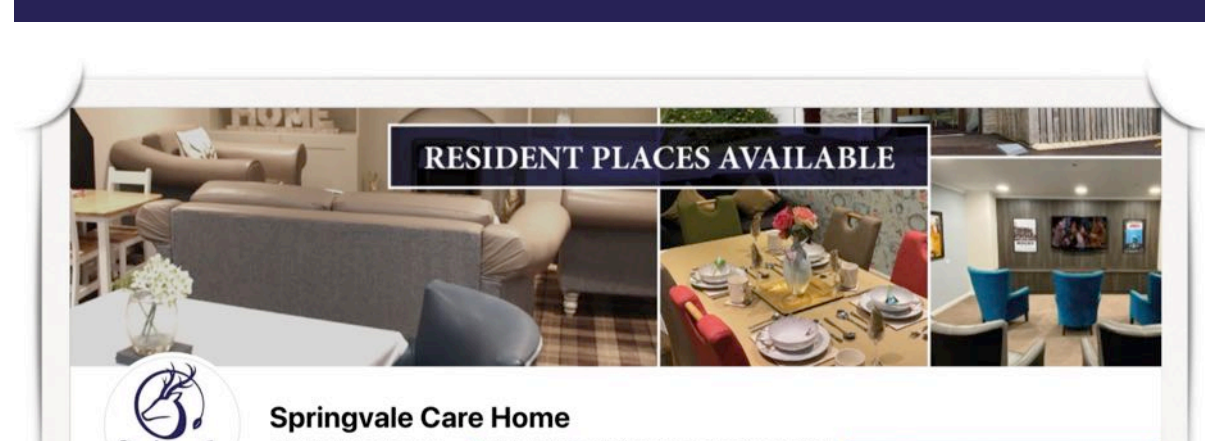


Festive Fun

We are now all looking forward to Christmas, we have been getting organised, our decorations are up in the home and our residents had fun helping to decorate the trees.



Social Media



Connect With Us

Make sure to check out the [Springvale Care Home Facebook Page](#) as we have lots of photos and information being shared often.



Leave A Review

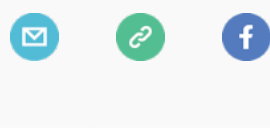


Your Thoughts Matter

We would greatly appreciate all feedback, reviews or suggestions you may have. Please contact us directly or leave a review through the links below:

[Carehome.co.uk Reviews](#)

[Google Reviews](#)



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