LIVE AN ENRICHED & INDEPENDENT LIFE

INTRODUCTION

Message From Our Manager

As we move into the summer months, it is a pleasure to reflect on another busy and enjoyable quarter at Springvale. The past months have been filled with meaningful activities, outings, celebrations and opportunities for residents to spend valuable time with family and friends.

I would like to thank our dedicated staff team for their continued hard work and enthusiasm. Their commitment ensures that life at Springvale remains vibrant, welcoming and supportive for everyone living here. Thank you also to our families and wider community for your ongoing support.

Also, if you know someone who would like to receive our email newsletters/updates, please let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Stephanie Wylie
Interim Home Manager

FUN IN THE SUN

National BBQ Week

One of the highlights of the quarter was our National BBQ Week celebration, which also provided an opportunity to mark the upcoming D-Day commemorations. Residents, families and staff came together for a wonderful day filled with good food, music and companionship.

A huge thank you goes to our staff team, whose hard work and organisation ensured the day was enjoyed by everyone. Special thanks to Kevin and Ryan from Ayrshire Music for once again providing fantastic entertainment and hilarity to create a memorable occasion for everyone who attended.

EVENTS & ACTIVITIES

Gentlemen's Group Visit to Hampden Park

Our weekly Gentlemen's Group continues to be a popular part of the activities programme. Each week, members discuss and vote on how they would like to spend their time, ensuring that activities reflect their interests and preferences.

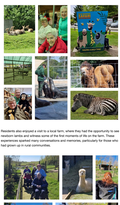
This quarter, the group enjoyed a special visit to Hampden Park. For many of our gentlemen in particular, this trip had been on their wish list for quite some time, making the experience even more meaningful.

Walking Club and Cycle Club

Maintaining physical activity plays an important role in supporting both physical and emotional wellbeing. Our residents continue to benefit from a range of opportunities to stay active while enjoying the outdoors and spending time with friends.

The Walking Club remains a favourite weekly activity, encouraging residents to enjoy fresh air, gentle exercise and social interaction. Regular walks provide opportunities to explore the local community while promoting confidence, mobility and independence.

Our Cycle Club also continues to go from strength to strength. Residents have embraced the opportunity to enjoy safe, supported cycling experiences, with many commenting on how much they look forward to their weekly sessions.



Safari Park & Farm Visits

Residents requested an adventurous outing this quarter, and a visit to the safari park was unanimously chosen. A day out filled with excitement as residents enjoyed seeing a variety of animals up close.

The unadjusted highlight for many was watching the monkeys climb across the minibus, creating plenty of laughter and stories that we still hang around weeks later.

Residents also enjoyed a visit to a local farm, where they had the opportunity to see newborn lambs and witness some of the first moments of life on the farm. These experiences sparked many conversations and memories, particularly for those who had grown up in rural communities.

A Day on the Barge

Thanks to the wonderful support of the Seagull Trust, residents enjoyed a relaxing trip on the barge.

The outing provided a peaceful change of scenery, allowing residents to enjoy the beauty of the waterways while spending time together in a calm and comfortable environment.

Exploring Local Museums

Visits to local museums continue to be a valuable part of our activities programme. These outings provide opportunities to learn, reminisce and engage with local history and culture.

RECENT HIGHLIGHTS

A Night at the Bingo

A lively evening of bingo brought plenty of excitement and friendly competition to Springvale. Residents enjoyed the social atmosphere, with lots of laughter, anticipation and celebration as numbers were called and prizes were won.

Shopping Trip to Glasgow Fort

When our ladies requested a shopping trip to Glasgow Fort, we were more than happy to make it happen.

The day included a visit to Marks & Spencer along with time to browse the shops and enjoy some independent shopping time. It was a wonderful opportunity for a little retail therapy and a change of scenery, was greatly appreciated.

Reminiscing Club at the Local Library

Our Reminiscing Club visits to the local library continue to be extremely popular. These sessions provide opportunities for residents to share memories, discuss significant life events and connect through shared experiences.

Church Visits

Regular church visits remain an important part of life for many of our residents, providing familiar routines, opportunities for quiet reflection and maintaining longstanding spiritual connections within the local community.

EXTERNAL LINKS

Social Media

Make sure to check out the Springvale Care Home Facebook Page for all our latest photos!

Don't Forget To Like Us!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us.

Care Inspectorate & Google Reviews

Springvale

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